

Grand Menu Allergen List (for Guests)

Updated on April 05, 2023

<<Information on the allergens listed below is provided following the Food Sanitation Act.>>

Seven specified ingredients requiring mandatory labelling by law: eggs, milk, wheat, buckwheat, peanuts, shrimp/prawn and crab

21 items equivalent to specified ingredients of which labelling is recommended: soybeans, beef, chicken, pork, abalone, squid, salmon roe, salmon, mackerel, oranges, kiwi fruits, peaches, apples, matsutake mushrooms, yams, walnuts, gelatin, bananas, sesame, cashew nuts and almonds

*As tableware and cooking utensils are shared at Saizeriya restaurants, there is a possibility of minuscule contamination.

***Sensitivity to allergens varies greatly between individuals. It also significantly changes depending on health conditions.**

Please use this list solely as a reference. Consult medical specialists and make final decisions at your responsibility.

*When the symbol "●" is marked for a particular ingredient and dish, it indicates that that dish contains that particular ingredient.

*The symbol "▲" indicates water buffalo milk in the Buffalo Mozzarella Cheese or sheep milk in the Pecorino Romano.

Category	Dish	Wheat	Eggs	Milk	Shrimp/Prawn	Crab	Buckwheat	Peanuts	Walnuts	Soybeans	Pork	Beef	Chicken	Abalone	Squid	Salmon roe	Oranges	Kiwi fruits	Salmon	Mackerel	Bananas	Matsutake mushrooms	Peaches	Yams	Apples	Gelatin	Seafood	Sesame	Cashew nuts	Almonds
Grand Menu	Table Salt																													
Grand Menu	Black Pepper																													
Grand Menu	Soy Sauce	●								●																				
Grand Menu	Red Chili Flakes																													
Grand Menu	Gran Moravia Cheese		●	●																										
Grand Menu	Olive Oil																													
Grand Menu	Original Hot Sauce																								●					
Grand Menu	Saizeriya Dressing		●							●															●					
Grand Menu	Olive & Vinegar																							●						
Grand Menu	Mixed Herbs Spices																													
Grand Menu	Pecorino Romano			▲																										
Grand Menu	Coddled Egg for Topping		●																											
Grand Menu	Fried Egg for Topping		●																											
Grand Menu	Vegetable Paste									●																				
Grand Menu	Olive & Anchovy Paste									●																				
Grand Menu	Chicken Caesar Salad	●	●	●						●		●													●					
Grand Menu	Shrimp Salad		●		●					●															●					
Grand Menu	Garden Salad	●								●							●								●					
Grand Menu	Olive & Anchovy Garden Salad	●								●							●								●					
Grand Menu	Chicken Salad	●	●							●		●													●					
Grand Menu	Seaweed Salad		●							●															●					
Grand Menu	Green Salad																								●					
Grand Menu	Green Salad (Marinated Carrots)	●								●							●								●					
Grand Menu	Green Salad with Buffalo Mozzarella Cheese			▲																					●					
Grand Menu	Creamy Corn Soup	●	●							●																				
Grand Menu	Cold Pumpkin Soup	●	●							●			●																	
Grand Menu	Onion soup, Zuppa	●	●	●						●	●	●	●													●				
Grand Menu	Napa Cabbage Clam Chowder	●	●							●	●		●																	
Grand Menu	Country-style Minestrone	●	●	●						●		●	●													●				
Grand Menu	Mini Ficelle	●	●																											
Grand Menu	Garlic Toast	●	●							●																				
Grand Menu	Petit Focaccias	●	●							●																				
Grand Menu	Side Petit Focaccias	●	●							●																				
Grand Menu	Petit Focaccia with Cinnamon Sugar	●	●							●																●				
Grand Menu	Cheese Focaccia	●	●							●																				